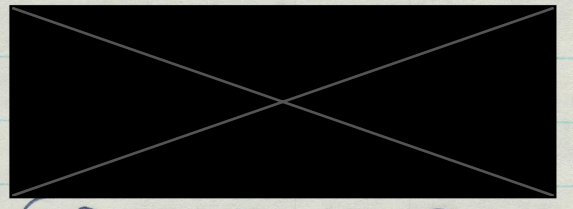
Jan. 15/83



GOULDS NFLD.
A0A 2K0

I have read Journeys Out of the Body by Robert A. Monroe and find the book fascinating.

I have had partial OOBEs myself. The first time I heard the vibrations I was frightened by the fact that I could not move or talk, after a while of fighting this state I was able to get up.

The vibrations come to me when I am on the verge of sleeping. I have been out of my body once but this was only

in my bedroom and did not last very long.

I always try to fight the vibrations and try to move because I feel frightened. I remember one night when I had to break out of the vibrations four times. Every time I would fight off the vibrations and be ready to go to sleep the vibrations would return.

I would really like to leave my body and travel everywhere but I am always too scared and break contact with the vibrations. Maybe in time when I learn to control my fear I will be able to.

I was wondering have you ever thought of takeing a "Kirlian Photograph" of a person while they are leaving their body. If this is possible I think the results would be very interesting. I have seen documentarys where they show the human body has an aura surrounding it. I wonder is this aura a part of the astral body.

I am very interested in the activities of the Institute and I would like to have more information about it.

[redacted]